

Winter 2015– Spring 2016 Sample Deliveries

Norwich Meadows Farm - Fresh Produce & Added Value Products

Carrots, potatoes, radishes, turnips, onions, garlic, greens (depending on the season; kale, collards, Swiss chard, mizuna or spinach. Colder months; winter squash, beets, celeriac, kohlrabi or shallots), Jerusalem artichokes, organic flour from Cayuga Pure Organics, two jars of added value products per delivery such as tomato puree, pickled ginger, garlic scapes, or pickled green tomatoes, peppers, dilly beans, dill or bread and butter pickles.

Winter Sun Farms- Frozen Produce & Fresh Pea Shoots

Red plum tomato puree, red, green & yellow peppers, whole blueberries, broccoli florets, sweet corn, green beans, butternut squash puree, fall greens (kale/collards) edamame, cauliflower and fresh (unfrozen) pea shoots.

December

Empire (red) apples
Mutsu (green) apples
DeVoe pears
Bananas
Arugula
Kale
Onions
Russet potatoes
Broccoli rabe
Japanese turnips
Cranberries
Carrots
Celery
Pumpkin
Green leaf lettuce
Asparagus
Cherry tomatoes

January

Rome apples
Jonagold apples
Bosc pears
Cantaloupe
Grapefruit
Yellow onions
Russet potatoes
Alfalfa sprouts
White beets
Celeriac
Radishes
Squash
Lemons
Eggplant
Peppers
Cherry tomatoes
Arugula
Carrots

February

Fuji apples
Ida red apples
Seckel pears
Tangerines
Bananas
Blue potatoes
Yellow onions
Pumpkins
Radishes
Broccoli
Carrots
Kale
Zucchini
Romaine lettuce
Cherry tomatoes
Cucumbers
Gold bell peppers

March

Empire apples
Seckel pears
Red grapefruit
Tangerines
Bananas
White mushrooms
Tomatoes
Bok choy
Broccoli
Carrots
Cauliflower
Celery
Romaine lettuce
Garnet yams
Yellow onions
Chevre

April

Empire apples
Red grapefruit
Bartlett pears
Bananas
White potatoes
Shallots
Green beans
Broccoli
Celeriac
Green leaf lettuce
Spinach
Cherry tomatoes
Cucumbers
Carrots
Cauliflower

May

Spartan apples
Blood oranges
Mangoes
Bananas
Crimini mushrooms
Green bell peppers
Broccoli
Green cabbage
Carrots
Kale
Green leaf lettuce
Jewel yams
Zucchini
Yellow onions
Eggplant
Tomatoes

