

## Winter 2017– Spring 2018 Sample Deliveries

### December

Empire (red) apples  
Mutsu (green) apples  
DeVoe pears  
Bananas  
Arugula  
Kale  
Onions  
Russet potatoes  
Broccoli rabe  
Japanese turnips  
Cranberries  
Carrots  
Celery  
Pumpkin  
Green leaf lettuce  
Asparagus  
Cherry tomatoes

### January

Rome apples  
Jonagold apples  
Bosc pears  
Cantaloupe  
Grapefruit  
Yellow onions  
Russet potatoes  
Alfalfa sprouts  
White beets  
Celeriac  
Radishes  
Squash  
Lemons  
Eggplant  
Peppers  
Cherry tomatoes  
Arugula  
Carrots

### February

Fuji apples  
Ida red apples  
Seckel pears  
Tangerines  
Bananas  
Blue potatoes  
Yellow onions  
Pumpkins  
Radishes  
Broccoli  
Carrots  
Kale  
Zucchini  
Romaine lettuce  
Cherry tomatoes  
Cucumbers  
Gold bell peppers

### March

Empire apples  
Seckel pears  
Red grapefruit  
Tangerines  
Bananas  
White mushrooms  
Tomatoes  
Bok choy  
Broccoli  
Carrots  
Cauliflower  
Celery  
Romaine lettuce  
Garnet yams  
Yellow onions  
Chevre

### April

Empire apples  
Red grapefruit  
Bartlett pears  
Bananas  
White potatoes  
Shallots  
Green beans  
Broccoli  
Celeriac  
Green leaf lettuce  
Spinach  
Cherry tomatoes  
Cucumbers  
Carrots  
Cauliflower

### May

Spartan apples  
Blood oranges  
Mangoes  
Bananas  
Crimini mushrooms  
Green bell peppers  
Broccoli  
Green cabbage  
Carrots  
Kale  
Green leaf lettuce  
Jewel yams  
Zucchini  
Yellow onions  
Eggplant  
Tomatoes

### **Norwich Meadows Farm - Fresh Produce & Added Value Products**

Carrots, potatoes, radishes, turnips, onions, garlic, greens (depending on the season; kale, collards, Swiss chard, mizuna or spinach. Colder months; winter squash, beets, celeriac, kohlrabi or shallots), Jerusalem artichokes, organic flour from Cayuga Pure Organics, two jars of added value products per delivery such as tomato puree, pickled ginger, garlic scapes, or pickled green tomatoes, peppers, dilly beans, dill or bread and butter pickles.

### **Winter Sun Farms- Frozen Produce & Fresh Pea Shoots**

Red plum tomato puree, red, green & yellow peppers, whole blueberries, broccoli florets, sweet corn, green beans, butternut squash puree, fall greens (kale/collards) edamame, cauliflower and fresh (unfrozen) pea shoots.